

# sheila's LUNCH & DINNER cottage COFFEE & CAKES

**SANDWICHES** served on More artisan bread, salad, crisps  
GFO available +50p

HUMMUS, roasted Med Vegetables (V) (VE) £12

CORONATION CHICKEN £13

BACON, brie, cranberry sauce £13

HOME COOKED HAM, piccalilli £12.50

SHEILA'S CLUB, triple decker, home smoked chicken, bacon, salad  
leaves, tomato, mayo, sweet & sour beetroot salad £15

Add a mug of soup £3

Thick cut chips £5

## CHILDREN'S OPTIONS 9.50

CUMBERLAND SAUSAGE, mash, gravy

PASTA, tomato sauce, cheddar cheese or just plain with butter

CHICKEN GOUJONS, chips

PLAIN SANDWICHES: ham or cheddar cheese £6

## LUNCH FAVOURITES

SOUP, artisan bread £7.45

RAREBIT, onion jam £11 (V) add bacon £13

PLOUGHMANS BOARD, home cooked ham, cheddar cheese,  
balsamic pickled onions, gherkins, chutney & artisan bread (GFO)  
Single £11.95 To Share £19.50

QUICHE, spicy potato wedges, baby leaf salad £13

CARTMEL VALLEY BURGER—please ask for todays recipe,  
brioche bun, mayo, roast tomato sauce, celeriac coleslaw, chips  
£19.50 add cheese £1

GREEK STYLE FILO TART, spinach, feta, goats cheese, sesame  
seeds, apple & walnut salad (V) £20

STEAK & ALE PIE, Great North Pie Co, mash & gravy £16 (DFO)

BATTERED HADDOCK, chips, mushy peas, tartare sauce (DFO)  
£19.50

## PUDDINGS £9.25

STICKY TOFFEE PUDDING, butterscotch sauce, cream (V)

MERINGUE, lemon & balsamic berries, whipped cream, raspberry  
ripple ice cream (V) (GF)

BAKED AMERICAN CHEESECAKE, please ask your server for  
todays flavour (V)

CRÈME BRULÉE, Eccles cake finger, please ask your server for  
todays flavour (V) (GFO)

WALLINGS ICE CREAM—selection of flavour, please ask on  
ordering (V)

1 Scoop £4.00 2 Scoops £6 Add toffee sauce £2.50

AFFOGATO, espresso, ice cream £7.50 add a shot of liqueur £2.95

SELECTION OF CUMBRIAN CHEESE, Westmorland chutney,  
biscuits (V) £12.50

## CAKES

BORROWDALE TEABREAD, 2 slices, crumbly Lancashire cheese £9

FRESHLY BAKED SCONE

butter £4.25

Jam & clotted cream £5.75

TOASTED TEACAKE £4.75

SELECTION OF CAKES FROM £5

SHEILA'S CREAM TEA, scone, clotted cream, jam, slice of Borrowdale  
teabread, crumbly Lancashire cheese & butter & coffee or tea £14

V - Vegetarian | VE - Vegan | GF - Gluten Free | GFO - Gluten Free Option  
DF - Dairy Free | DFO - Dairy Free Option

A discretionary 10% service charge will be added to your bill. 100% of this will be fairly distributed amongst the team. Please ask if you would like it removed from the bill

Please inform us if anyone in your party has a food allergy before ordering